



TOWN OF GRAFTON

Established in 1807

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Introduced by Councilman Lewandusky

Resolution #57 of 2023 RESOLUTION RECOGNIZING MAY 2023 AS MENTAL HEALTH MONTH

WHEREAS, Mental health is essential to everyone's overall physical health and emotional well-being and caring for your mind as well as your body is good for your overall health and vital for success in personal life, at work, and at school; and

WHEREAS, Mental illness will strike nearly one in four adults and children in a given year, regardless of age, gender, race, ethnicity, religion, or economic status; and

WHEREAS, Mental Health Conditions are real and prevalent in our nation and all Americans experience times of difficulty and stress in their lives; and

WHEREAS, This year the theme for Mental Health Month is "Celebrating the Power of Community Kindness". The campaign is focused on how surroundings impact mental health and is calling for individuals to look around and look within; and

WHEREAS, With effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, Each business, school, government agency, faith-based organization, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts;

NOW, THEREFORE, BE IT, RESOLVED, that the Town of Grafton hereby recognizes May 2023 as Mental Health Month.

Motion made by Councilman Lewandusky, seconded by Supervisor Gundrum –
motion carried 4 - 0

Roll Call:

Councilman Beaudry - Yea
Councilwoman Deschaine - Absent
Councilman Lewandusky – Yea
Councilman Hoyt - Yea
Supervisor Gundrum - Yea

Adopted: May 8, 2023